

ARIZONA EDUCATIONAL STANDARDS

Lessons in the SDHW Written Curriculum that address all or part of these Arizona Health Education Standards for FIRST GRADE:

Standard 1 - Students comprehend concepts related to health promotion and disease prevention.	
1CH-F1 - Describe relationships between personal health behavior and individual well-being.	Lessons that address all or part of this benchmark: 1.3, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment
1CH-F3 - Describe the basic structure and functions of the human body systems.	Lessons that address all or part of this benchmark: 1.2
1CH-F4 - Describe how heredity, family life and individual lifestyle affect personal health.	Lessons that address all or part of this benchmark: 1.2, 1.3
1CH-F5 - Describe how environmental health and personal health are related.	Lessons that address all or part of this benchmark: 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment

Standard 3 - Students demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	
3CH-F1 - Identify responsible health behaviors and compare them to risky/harmful behaviors.	Lessons that address all or part of this benchmark: 1.3, 2.1, 2.2, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment
3CH-F2 - Identify personal health needs and strategies to maintain or improve one's well-being.	Lessons that address all or part of this benchmark: 1.1, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment

Standard 5 - Students demonstrate the ability to use interpersonal skills to enhance health.	
5CH-F5 - Demonstrate attentive listening skills to build and maintain healthy relationships.	Lessons that address all or part of this benchmark: 1.1, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 4.1, 4.2

Standard 6 - Students demonstrate the ability to use goal-setting and decision-making skills to enhance health.	
6CH-F2 - Explain the effects of personal health care choices.	Lessons that address all or part of this benchmark: 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.3, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment

Standard 7 - Students demonstrate the ability to advocate for personal, family, and community health.

7CH-F3 - List a variety of ways to support others in making positive health choices.

Lessons that address all or part of this benchmark:
2.1, 2.5, 3.1, 3.2, 3.3, 3.4, 4.1, 4.2, 4.3, 4.4, 4.5,
Assessment