

ARIZONA EDUCATIONAL STANDARDS

Lessons in the SDHW Written Curriculum that address all or part of these Arizona Health Education Standards for **SECOND GRADE**:

| Standard 1 - Standard 1 - Students comprehend concepts related to health promotion and disease prevention. | |
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| 1CH-F1 - Describe relationships between personal health behavior and individual well-being. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |
| 1CH-F3 - Describe the basic structure and functions of the human body systems. | Lessons that address all or part of this benchmark: 1.2 |
| 1CH-F4 - Describe how heredity, family life and individual lifestyle affect personal health. | Lessons that address all or part of this benchmark: 1.2 |
| 1CH-F5 - Describe how environmental health and personal health are related. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |
| 1CH-F7 - Identify the characteristics, causes, prevention and treatment of common childhood injuries and illnesses. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |

| Standard 2 - Students demonstrate the ability to access accurate health information. | |
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| 2CH-F6 - Describe the consequences of appropriate and inappropriate use of drugs and medicine. | Lessons that address all or part of this benchmark: 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |

| Standard 3 - Students demonstrate the ability to practice health-enhancing behaviors and reduce health risks. | |
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| 3CH-F1 - Identify responsible health behaviors and compare them to risky/harmful behaviors. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.4, 2.1, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |
| 3CH-F2 - Identify personal health needs and strategies to maintain or improve one's well-being. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |

| Standard 4 - Students analyze the influence of culture, media, technology, and other factors on health. | |
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| 4CH-F2 - Explain how the media influence health behaviors. | Lessons that address all or part of this benchmark: 4.1, 4.3, 4.4 |

Standard 5 - Students demonstrate the ability to use interpersonal skills to enhance health.

5CH-F5 - Demonstrate attentive listening skills to build and maintain healthy relationships.

Lessons that address all or part of this benchmark:
1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 4.1, 4.2, 4.3

Standard 6 - Students demonstrate the ability to use goal-setting and decision-making skills to enhance health.

6CH-F2 - Explain the effects of personal health care choices.

Lessons that address all or part of this benchmark:
1.1, 1.5, 2.1, 3.3, 4.2, 4.3

6CH-F3 - Set a personal health goal and track progress toward its achievement.

Lessons that address all or part of this benchmark:
2.4

Standard 7 - Students demonstrate the ability to advocate for personal, family, and community health.

7CH-F3 - List a variety of ways to support others in making positive health choices.

Lessons that address all or part of this benchmark:
1.1, 2.1, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment