

## ARIZONA EDUCATIONAL STANDARDS

Lessons in the SDHW Written Curriculum that address all or part of these Arizona Health Education Standards for FIFTH GRADE:

<b>Standard 1 - Students comprehend concepts related to health promotion and disease prevention.</b>	
1CH-E1 - Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.	Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment
1CH-E4 - Describe how family and peers influence the health of adolescents.	Lessons that address all or part of this benchmark: 4.4
1CH-E5 - Explain how environmental health and personal health are interrelated.	Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment
1CH-E6 - Describe ways to reduce risks related to adolescent health problems.	Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment
1CH-E7 - Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.	Lessons that address all or part of this benchmark: 1.2, 1.3, 1.4, 2.1, 2.2, 2.4, 3.1, 3.2, 3.3, 3.4, 4.1, 4.2, 4.4, Assessment

<b>Standard 2 - Students demonstrate the ability to access accurate health information.</b>	
2CH-E2 - Describe how media influences the selection of health information and products.	Lessons that address all or part of this benchmark: 3.3, 4.2, 4.4

<b>Standard 3 - Students demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b>	
3CH-E1 - Explain the importance of assuming responsibility for personal health behaviors.	Lessons that address all or part of this benchmark: 1.3, 1.4, 2.1, 2.2, 2.3, 3.1, 3.2, 3.4, 4.1, 4.2, 4.4, Assessment
3CH-E2 - Identify strengths of, and risks to, one's personal and family health and implement strategies to improve or maintain both.	Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment
3CH-E3 - Distinguish between responsible and risky/harmful behaviors.	Lessons that address all or part of this benchmark: 1.4, 2.1, 2.2, 3.1, 3.2, 3.4, 4.1, 4.2, 4.4

<b>Standard 4 - Students analyze the influence of culture, media, technology, and other factors on health.</b>	
4CH-E2 - Explain how messages from media and other sources influence health behaviors.	Lessons that address all or part of this benchmark: 3.3, 4.2, 4.4
4CH-E4 - Describe how information from peers influences health.	Lessons that address all or part of this benchmark: 4.4

**Standard 6 - Students demonstrate the ability to use goal-setting and decision-making skills to enhance health.**

6CH-E2 - Explain how decisions regarding health behaviors have consequences for self and others.	Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment
6CH-E3 - Describe how personal health goals are influenced by information, abilities, priorities and responsibilities.	Lessons that address all or part of this benchmark: 2.4, 3.4, 4.1, 4.2
6CH-E4 - Develop a plan that addresses personal strengths, needs and health risks, and apply strategies and skills needed to attain personal health goals.	Lessons that address all or part of this benchmark: 2.4, 3.4

**Standard 7 - Students demonstrate the ability to advocate for personal, family and community health.**

7CH-E2 - Present information about health issues.	Lessons that address all or part of this benchmark: 1.1, 2.4, 3.2, 3.4, 4.2, 4.4, Assessment
7CH-E4 - Demonstrate the ability to support others in making positive health choices.	Lessons that address all or part of this benchmark: 2.3, 2.4, 2.5, 3.2, 3.4, 4.3, 4.4, Assessment
7CH-E5 - Demonstrate the ability to work cooperatively when advocating for healthy individuals, families and schools.	Lessons that address all or part of this benchmark: 2.2, 2.4, 3.2, 4.4