

## ARIZONA EDUCATIONAL STANDARDS

Lessons in the SDHW Written Curriculum that address all or part of these Arizona Health Education Standards for KINDERGARTEN:

| <b>Standard 1 - Students comprehend concepts related to health promotion and disease prevention.</b> |  |
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| 1CH-R1 - Identify personal well-being health behaviors.  | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |
| 1CH-R3 - Identify basic anatomy.   | Lessons that address all or part of this benchmark: 1.2  |
| 1CH-R5 - Identify elements of the environment that affect personal health.                           | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment           |
| 1CH-R6 - Identify basic symptoms of, and prevention strategies for, common illnesses and diseases.   | Lessons that address all or part of this benchmark: 1.1  |

| <b>Standard 3 - Students demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</b>                 |   |
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| 3CH-R1 - Identify basic personal health needs and the roles exercise, nutrition, hygiene and relationships play in maintaining them. | Lessons that address all or part of this benchmark: 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |
| 3CH-R2 - Identify behaviors that are safe and those that are harmful.  | Lessons that address all or part of this benchmark: 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.3, 4.1, 4.4, Assessment                               |

| <b>Standard 5 - Students demonstrate the ability to use interpersonal skills to enhance health.</b>            |   |
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| 5CH-R5 - Identify characteristics of attentive listening skills that build and maintain healthy relationships. | Lessons that address all or part of this benchmark: 1.2, 1.4, 2.1, 2.2, 2.3, 2.4, 3.1, 3.3, 3.4, 4.1, 4.2, 4.3, 4.5, Assessment |

| <b>Standard 7 - Students demonstrate the ability to advocate for personal, family and community health.</b> |   |
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| 7CH-R2 - Identify positive health choices.  | Lessons that address all or part of this benchmark: 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |