

NATIONAL EDUCATIONAL STANDARDS

Lessons in the SDHW Written Curriculum that address all or part of all or part of these National Health Education Standards for **THIRD GRADE**:

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| Standard 1 - Students will comprehend concepts related to health promotion and disease prevention. | |
| 1.1 - Describe relationships between personal health behaviors and individual well being. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 3.1, 3.2, 3.3, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |
| 1.3 - Describe the basic structure and functions of the human body systems. | Lessons that address all or part of this benchmark: 1.2 |
| 1.5 - Describe how physical, social, and emotional environments influence personal health. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |

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| Standard 2 - Students will demonstrate the ability to access valid health information and health-promoting products and services. | |
| 2.3 - Explain how media influences the selection of health information, products, and services. | Lessons that address all or part of this benchmark: 4.3 |

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| Standard 3 - Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks. | |
| 3.1 - Identify responsible health behaviors. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |
| 3.2 - Identify personal health needs. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.3, 1.4, 1.5, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |
| 3.3 - Compare behaviors that are safe to those that are risky or harmful. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.4, 2.1, 2.2, 2.4, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.5, Assessment |
| 3.5 - Develop injury prevention and management strategies for personal health. | Lessons that address all or part of this benchmark: 1.1, 1.2, 1.5, 2.1, 2.2, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment |

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| Standard 4 - Students will analyze the influence of culture, media, technology, and other factors on health. | |
| 4.2 - Explain how media influences thoughts, feelings, and health behaviors. | Lessons that address all or part of this benchmark: 4.3 |

Standard 5 - Students will demonstrate the ability to use interpersonal communication skills to enhance health.

5.5 - Demonstrate attentive listening skills to build and maintain healthy relationships.

Lessons that address all or part of this benchmark: 1.2, 1.3, 2.1, 2.2, 2.3, 3.1, 3.2, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4

Standard 6 - Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.

6.3 - Predict outcomes of positive health decisions.

Lessons that address all or part of this benchmark: 2.1, 3.1, 3.2, 3.3, 4.1, 4.2, 4.3

Standard 7 - Students will demonstrate the ability to advocate for personal, family, and community health.

7.2 - Express information and opinions about health issues.

Lessons that address all or part of this benchmark: 1.2, 1.5, 2.1, 2.2, 2.3, 3.1, 3.2, 4.3, 4.4

7.4 - Demonstrate the ability to influence and support others in making positive health choices.

Lessons that address all or part of this benchmark: 1.1, 2.1, 2.2, 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4, 4.5, Assessment